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ORIGINAL RESEARCH

COMPLEMENT LEVELS IN BRAZILIAN CHILDREN DURING AND AFTER MENINGOCOCCAL MENINGITIS

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ROXO Jr. P et al. Complement levels in Brazilian children during and after meningococcal meningitis. *CLINICS* 60(2):127-130, 2004.

PURPOSE: To evaluate the functional activity of the classical and alternative pathways of the complement system and the levels of C3, C4, and factor B during the first episode of meningococcal infection and during the convalescence period.

PATIENTS AND METHODS: Ten Brazilian children ranging in age from 8 months to 8 years, admitted from 1991 to 1993 with a clinical-laboratory diagnosis of meningococcal meningitis, were studied during acute infection (up to 7 days from diagnosis) and during the convalescence period (1 to 6 months after the acute episode). C3, C4, and Factor B were measured using nephelometry, and the lytic activity of classical and alternative pathways were evaluated by a kinetic method and expressed as the time needed to lyse 50% of an erythrocyte suspension (T1/2, expressed in seconds). Low T1/2 values for classical and alternative pathways correlate with high activities of the classical and alternative complement pathways, respectively.

RESULTS: A significant difference was observed between the alternative pathway lytic activity during infection and the convalescence period (282 vs 238 seconds, respectively, $P = .01$). No differences were detected in the other complement parameters analyzed.

CONCLUSIONS: In the presence of meningococcal meningitis, the alternative pathway is preferentially activated. This is probably due to the greater ability of the meningococcal endotoxin to activate this pathway in vivo.

KEYWORDS: Complement. Classical pathway. Alternative pathway. Lytic activity. Meningococcal meningitis.

Activation of complement by gram-negative bacteria can occur via the classical (CP) or the alternative pathway (AP).¹ Complement levels are often abnormal in patients with an acute meningococcal infection.² Activation of the CP or low levels of C3 during meningococcal meningitis have been reported in different countries including Nigeria³, Brazil,⁴ and the United States.⁵ Moreover, a significant depression in functional activity of the CP and of C3 and factor B levels has been reported in children with severe meningococcal infection, suggesting that activation of both the CP and

the AP occurs in this particular setting.² Activation of AP in patients with gram-negative bacteremia and shock has been demonstrated.⁶ In the present study, we measured the lytic activity of the CP and AP, as well as the levels of C3, C4, and factor B in Brazilian children during and after the first episode of meningococcal meningitis in order to assess the activation of both complement pathways in this disease.

METHODS

All procedures were in accordance with the ethical standards of the institutional committee on human experimentation. Ten consecutive patients with ages ranging from 8 months to 8 years with acute meningococcal meningitis were studied during the acute infection phase (up to 7 days

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from diagnosis) and during the convalescence period (between 1 and 6 months after the cure). The inclusion criteria were clinical signs of meningococcal infection, absence of autoimmunity and other infectious diseases, and normal nutritional status. All of the participants were from Ribeirão Preto and were diagnosed between 1991 and 1993. The diagnosis of meningococcal infection was based on clinical signs and confirmed by bacteriologic exams. Blood samples were collected by venipuncture from patients and left to clot at room temperature for 90 minutes. Serum was obtained by centrifugation at 4°C, pooled, sampled, frozen in liquid nitrogen, and stored at -70°C until analysis in 1994. The lytic complement activity of CP and AP was measured by means of a kinetic assay, as previously described, with minor modifications.^{7,8} Briefly, the time required to lyse 50% of an erythrocyte suspension was measured (T1/2). Low T1/2 values for CP and AP correlate with high CP and AP complement activities, respectively. For the CP assay, a suspension of sensitized sheep red blood cells (SRBC) in triethanolamine-buffered saline containing 0.1% gelatin, 0.5 mM Mg⁺⁺, and 0.15 mM Ca⁺⁺ (TBS Mg⁺⁺ Ca⁺⁺) was standardized at concentrations sufficient to reach an optical density of 1.5 units at 700 nm when mixed with the diluted serum sample. For the AP assay, uncoated rabbit erythrocytes (RaBC) in triethanolamine-buffered saline containing 0.1% gelatin, 2 mM Mg⁺⁺, and 8 mM ethylene-glycol-bis (b-aminoethyl ether) N, N, N', N', -tetraacetic acid (TBS-Mg⁺⁺EGTA) were standardized as described for the sheep erythrocytes. The final serum dilution of the samples was 1:38 for the CP and 1:6 for the AP experiments. The concentrations of C3, C4, and factor B were assayed by kinetic nephelometry with an Immunochemistry Analyzer ICS II (Beckman Instruments Inc. Diagnostic System Group, Galway, Ireland).

Statistical analysis using the Student paired *t* test was performed to compare complement levels during infection and the convalescence period.

RESULTS

The individual values obtained for CP lytic activity during the acute phase of meningitis and after infection were within the normal estimated range for age-matched Brazilian children. No significant differences were found between the arithmetic means of CP activity during (143 seconds) and after (149 seconds) meningococcal meningitis (Table 1). On the other hand, 3 out of 10 children studied (30%) had higher AP T1/2 values during acute meningitis than the upper limit estimated for their age, indicating a lower AP activity in these children (Table 2). One child maintained high AP T1/2 times during the convalescence period. Unfortunately, we could not contact this child afterwards to complete the investigation. The AP activity during acute infection was significantly lower compared to that observed after infection (Table 2). Concentrations of C3, C4, and factor B during the acute phase were higher than the upper limit of age-matched Brazilian children in 66.7%, 44.5%, and 55.5% of the patients, respectively (data not shown). No significant differences were found in the levels of C3, C4, or factor B during or after meningitis.

DISCUSSION

Systemic inflammation by activated complement and cytokines is important in the pathogenesis of meningococcal disease.⁹

Our results suggest that AP activation occurs during acute meningococcal meningitis, since we have observed

Table 1 - Classical pathway (CP) hemolytic activity, expressed as T1/2 (in seconds), during and after meningococcal meningitis.

Patients	Age	Reference values*(seconds)	CP (T1/2 in seconds)	
			Infection	Convalescence
1	8 months	108-255	193	170
2	10 months+	108-255	198	127
3	1 year	108-255	127	201
4	2 years	121-218	120	105
5	4 years	104-300	140	133
6	4 years	104-300	89	120
7	3 years+	104-300	128	147
8	8 years+	107-306	155	184
9	2 years	121-218	116	120
10	8 years	107-306	161	180
Mean			143†	149

(*) Reference values according to age as established by Ferriani, Barbosa & Carvalho.⁷

(+) Children with meningococcemia

(†) *P* = .44

Table 2 - Alternative pathway (AP) hemolytic activity, expressed as T1/2 (in seconds), during and after meningococcal meningitis.

Patients	Age	Reference values*(seconds)	AP (T1/2 in seconds)	
			Infection	Convalescence
1	8 months	172-305	374	252
2	10 months+	172-305	297	257
3	1 year	172-305	275	173
4	2 years	184-273	321	240
5	4 years	177-301	225	200
6	4 years	177-301	339	336
7	3 years+	177-301	243	249
8	8 years+	171-274	248	238
9	2 years	184-273	239	204
10	8 years	171-274	261	228
Mean			282 [†]	238

(*) Reference values according to age as established by Ferriani, Barbosa & Carvalho.⁷

(+) Children with meningococemia

([†]) $P = .01$

significantly decreased AP hemolytic activity in the acute phase of this infection, as compared to the convalescence period. This is in accordance with the known ability of the meningococcal endotoxin to activate the AP in vivo.¹⁰ We did not find evidence of activation of the CP in these patients, since the T1/2 times were similar for both periods. In another Brazilian study, investigators used the CH50 assay for total complement (CH50 levels) and an assay for C3 levels in 25 patients, including 8 children, with meningococcal meningitis.⁴ Although they reported significantly reduced CH50 levels in the patients when compared to normal adults, all 8 children studied presented CH50 levels within the normal range for adults. These results are not in accordance with those reported in yet another study,² in which normal AP50 and decreased CH50 levels in children with meningococcal infection compared to normal adults was found. However, these investigators did not compare the values during and after the infection. They also found significantly lower complement levels, particularly regarding the CH50 assay, C3, and factor B, in more severely affected children, including those who developed septicemia. In a case report, 36-year-old patient with meningococcal meningitis had undetectable levels of C7 and total complement as revealed by the CH50 assay. So it appears that the best screen for complement deficiencies or significant activation is the CH50 assay.¹¹ Complete non-response in the CH50 assay associated with normal C3 levels is a strong indication for complement deficiency and should be followed up with further tests.¹² In spite of our limited number of cases, it is worth mentioning that 3 out of 10 children studied presented meningococemia, and their AP and CP activity levels were not different from those estimated for normal age-matched Brazilian children. One of the patients (# 6) maintained a higher than normal AP T1/2 during the

convalescence period. Since we were not able to contact this patient afterwards, we could not establish whether this child presented a transient alteration or a partial deficiency of properdin or of factor D. Properdin deficiency has been associated with severe meningococcal disease. In a study in 3 generations of a large Swiss family, the concentration of circulating properdin in affected males was <0.1 mg/L, indicating properdin deficiency type I, and 2 of the 9 properdin-deficient males in the family had survived meningitis caused by *Neisseria meningitidis* serogroup B without sequelae.¹³

No significant differences occurred between the mean levels of C3, C4, and factor B during and after meningococcal meningitis. Some of the children showed a non-significant trend towards increased levels of factor B, C3, and C4 as compared to normal controls, suggesting that these components were acting as acute phase proteins, as previously reported in many infectious conditions.¹⁴ These results suggest that in the presence of an infectious episode, the alternative pathway is preferentially activated, probably due to the greater capacity of the meningococcal endotoxin to activate this pathway in vivo. The assessment of properdin levels and of more sensitive markers of complement activation, such as C3a, C3d, C5a, Ba, and soluble C5b-9 complex during and after meningococcal infection are needed to better understand the role of complement in meningitis.

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RESUMO

ROXO Jr. P e col. Níveis de complemento em crianças brasileiras durante e após meningite meningocócica. **CLINICS** 60(2):127-130, 2004.

OBJETIVO: Avaliar a atividade funcional das vias clássica e alternativa do sistema complemento e os níveis de C3, C4 e fator B durante o primeiro episódio de infecção meningocócica e durante a convalescença.

PACIENTES E MÉTODOS: Dez crianças brasileiras com idades entre 8 meses e 8 anos, admitidas de 1991 a 1993, com diagnóstico clínico-laboratorial de meningite meningocócica, foram estudadas durante infecção aguda (até 7 dias do diagnóstico) e no período de convalescença (entre 1 e 6 meses após). C3, C4 e fator B foram quantificados por nefelometria e a atividade lítica das vias clássica e alternativa foi avaliada por método cinético e expressa como tempo necessário para lisar 50% de uma suspen-

são de eritrócitos (T1/2, expresso em segundos). Baixos valores de T1/2 das vias clássica e alternativa se correlacionam com elevadas atividades de via clássica e via alternativa, respectivamente.

RESULTADOS: Observaram-se diferenças significativas entre a atividade lítica da via alternativa durante a infecção e no período de convalescença (282 e 238 segundos, respectivamente, $P = .01$). Nenhuma diferença foi detectada nos outros parâmetros analisados.

CONCLUSÕES: Na presença de meningite meningocócica a via alternativa é preferencialmente ativada, provavelmente devido à maior capacidade da endotoxina meningocócica para ativar esta via, *in vivo*.

UNITERMOS: Complemento. Via clássica. Via alternativa. Atividade lítica. Meningite meningocócica.

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